Vechmaaminim

A Weekly Pamphlet From "Bney Emunim"

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Peninei Emunim Pearls of Tefillah in the Parashah

Pischu Shearim

Open the Gates

A word from the founder and Nasi of Bney Emunim

Victory Depends on *Tefillah*

"כי תצא למלחמה על איביך ונתנו ה' אלקיך בידך ושבית

Harav Shlomo, the Av Bais Din of Lublin, explained: 'כי תצא' is numerically equivalent to to teach us that Am Yisrael fights against its enemies with prayer, as Dovid Hamelech says in Tehillim (20:8) "Eileh barechev v'eileh basusim va'anachnu beShem Hashem Elokeinu nazkir, they will fight with horses and chariots, and we will mention Hashem's Name."

Harav Shlomo Zalman Ehrenreich of Shamloi added that the rest of the passuk also teaches us that victory in war depends on tefillah. "Unesano Hashem Elokecha," how? "beyadecha" – in the merit of your raising your hands in prayer. We also find that tefillah is called "prisas kapayim" as it says (Shemos 9:29) "Ketzeisi es ha'ir, when I leave the city, efros es kapi el Hashem, I will spread my hands to Hashem."

> Sefer Hagematriyos; Avnei Hamakom - Even Hareichayim 59

We Will Rejoice in Yerushalayim Ourselves

יעמך ישב בקרבך במקום אשר יבחר באחד שעריך בטוב לו לא תוננו" (כג יז)

In the Sifri (Piska 259), Chazal explain from this passuk that even a ger toshav [a gentile who took upon himself the seven Noahide *mitzvos*] who is permitted to live in Eretz Yisrael, should not be permitted to live in Yerushalayim because of its holiness [as the Rambam rules (Bais Habechirah 7 14)].

Thus the Meshech Chochmah explains our request in the tefillos of Yamim Noraim: "Simcha l'artzecha vesason l'irecha" – that 'sasson' means joy that comes to a person alone, while simchah means that others are partners to his joy. We ask Hashem to send us Mashiach, and thus we will merit "simchah" together with the nations of the land -"b'artzecha" - that when they see the miracles of the Geulah they will take upon themselves the seven Noahide mitzvos, and thus they will be called a ger toshav, and will be allowed to reside and rejoice with us in Eretz Yisrael. But "b'irecha" in Yerushalayim, we will merit "sasson" - without strangers being involved in our joy, because, as stated, only Jews will be allowed to live there.

Meshech Chochmah

Answer 90 Amens Every Day

I would like to dedicate my words this week to an important piece of information, which, for some reason, is not sufficiently publicized. As we merit through this platform of Bney Emunim to strengthen and elevate the subject of answering amen, I feel it is appropriate, and necessary, to present this matter here.

And so, we are all familiar with the subject of Meah Brachos. A person is required to recite one hundred brachos each day. But at the same time, answering amen also has a quota – 90 amens a day. A person should try to find at least 90 opportunities to answer amen each day. Various other calculations have been made for exactly how many must be said and how to reach that number, but first, let us address the actual

One needs to know that yes, the quota of ninety amens a day is an obligation! It is cited in the poskim (see Magen Avraham Orach Chaim 6, 9) in the name of the holy Zohar (Tikkunei Zohar 40 1).

It is interesting to note that this obligation is alluded to in the name of this parashah: כי תצא is an acronym for 'כל יום תענה צ' אמנים. In addition, it is symbolic that the actual word 'amen' is numerically equivalent to 91, which is an acronym for צ' אמנים.

Perhaps we can allude with this that the number of daily brachos is one hundred, ten more than the amens. This is in order to remind us and encourage us about the greatness of amen as compared to the brachah, as Chazal say (Brachos 53b) "The one who answers amen is greater than the mevarech." Therefore, it is enough to say ninety amens a day, compared to the need of one

hundred brachos. To complete this quota of ninety amens, we find a few different ways in the poskim, but it is clear that the main principle of fulfilling the mitzvah is by answering amen specifically to brachos, aside for the obligatory amens in Kaddish (see Shu"t HaRema MiPano, 108, cited in the Magen Avraham ibid).

We need to note that in contrast to the obligation of *Meah Brachos*, which a person can fulfill each day by his regular routine, amassing ninety amens on brachos each day takes some effort. Even when combining all the brachos of tefillah and Chazaros Hashatz we still only reach half the quota determined by Chazal.

This is the main reason why Am Yisrael have a custom of answering amen after *Birchos* Hashachar of other people. One who hears Birchos Hashachar from at least three people can easily complete his daily quota.

This explanation is not my own! It is written in the *seforim* of leading poskim (see Magen Avraham 6, 9 ibid and Mishnah Berurah ibid se'if kattan 13) on the custom of saying Birchos Hashachar bechavrusa: "And this is done in order to complete ninety amens." So we have a very basic reason for this custom, which was instituted in holiness, and which we try to raise awareness about all the time.

Ashreinu, that we arise and recite Birchos Hashachar with ahavah. to one another, and this way we will merit each day to complete the quota of answering ninety amens on the brachos, as our Rabbanim have instructed.

Good Shabbos Yaakov Dov Marmurstein

Double Salvation in the Merit of Kiddush Levanah -

This story, heard from the Rachmistrikve Rebbe, *shlita*, was related after the *ma'amad Kiddush Levanah* that took place at the Kosel many years ago, by the person it happened to. He is a Yid who survived the Holocaust, and was saved in a wondrous way in the merit of the mitzvah of *Kiddush Levanah*.

This story is a powerful testimony of the *segulah* of this mitzvah, as the *Be'er Heitev* wrote (*Orach Chaim* 602 4):

"There was a man who was attacked by gentiles one night and they wanted to kill him. He asked them to let him to do one mitzvah before his death, and the moon was in its renewal state. He was *mechadesh* it with tremendous *kavanah*. And a miracle happened and when he jumped three times, as is the custom, the wind carried him and he was saved from them. I also heard that someone who is *mekadesh* the *levanah* should not worry from that day on that



he will die that month."

The Holocaust survivor related:

"I suffered through the war years as a prisoner in the horrific death camps. The Nazis, *yemach shemam*, made sure to banish any hope for life from our hearts. Each day, they killed Jewish prisoners with all kinds of various claims. No one knew when his day would come, and we needed deep *emunah* just to survive.

I tried with all my might to observe the *mitzvos* of the Torah as best I could, even under the Nazis' constant watch. One night, while I was sleeping fitfully on my wooden bunk, I woke up suddenly to the light of the moon beaming in at me through a small crack near the ceiling. Suddenly, I remember – it was almost the middle of the month, and I hadn't been *mekadesh* the *levanah* yet!

Because I could not entertain the

thought of missing this mitzvah, I took the huge risk, and while my friends slept, I crept off my bunk and crouched as I advanced toward the door of the barracks.

Outside, it was deathly silent, broken from time to time by the howling of the brutal dogs. A strong beam of light swept over the whole area of the camp and around it. I waited for an opportune moment and slipped out to the area near the barracks.

I looked at the moon, which was nearly full, and began to recite *Kiddush Levanah* from memory. As I said the words, tears began to flow from my eyes, as I remembered not-so-distant days when I blessed the *levanah* in Shabbos clothes, with many people together. I yearned with all my heart for the day I would be able to do that again.

I was so engrossed in my *tefillos* that I did not notice what was happening

around me. As I was jumping in place as I said "Keshem she'ani roked", as is the custom, I heard a bloodcurdling shout: "Halt! Stop!" I opened my eyes in alarm, and standing across from me was a stern-faced Nazi beast, who ordered me to follow him.

I knew this was the end. As far as the Nazis were concerned, I had transgressed the worst of sins: leaving the barracks without permission.

I walked with trembling knees after the Nazi towards the room of the camp commander, who was known for his bestiality. When he heard the facts, the commander didn't hesitate, and shouted with typical Nazi coarseness: "To the gallows!"

The "gallows" was an open room whose front faced the plaza of the camp and in the middle were a few gallows where they hung four people together at frequent intervals.

When dawn broke, I found myself tossed into a small room together with three other people, waiting to be hanged. We didn't know how many hours or minutes we would have to wait for our decree to be carried out, but I did know that "even if a sharp sword rests on the neck of a person, he should not despair of mercy." Therefore, I concentrated my thoughts on *pesukim* of *bitachon*, and prayed that Hashem should tear up this decree

and restore me to the land of the living. Early in the morning, the door burst open and a Nazi ordered us to get up and follow him. We were sure the bitter end had come, but we were then surprised to hear the Nazi telling a soldier of lower rank: "These prisoners are supposed to be hung at four. Until then, you may as well use their work power... Take them with you to work for you, and at four, bring them back right to the gallows..."

Surprised, we followed the soldier out of the camp, to the place where we were supposed to work. Suddenly, I thought to myself: "We're supposed to be hung anyway, so what do I have to lose?! I decided to take action and whispered to my friends walking next to me, 'Let's escape!' But they had already resigned themselves to their fate, and were afraid to do it. I tried to persuade them that they had nothing to lose by trying...but they firmly refused.

I decided to flee alone, and with *siyata diShmaya*, my escape was successful. I was spared that day.

During my escape, I reached a hideout in the forest where there we were a few other Jews. They generously agreed to include me in their group, and I was with them until the end of the war.

Towards the war's end, when the American soldiers came to the place where I was, I suddenly heard through a crack that gave air to our hiding place, the voice of an American soldier whispering to his comrade in English: 'I think I discovered a German hideout...Let's toss a grenade inside and we'll kill them all...'

Of my friends, I was the only one who knew English. When I heard this, I shouted towards the soldiers, 'We're not Germans, we're Jews!" They retracted their plans, and even helped us reach a safer place.

I was very moved when I realized that these Jews I was with had also been saved in the merit of my *mesirus nefesh* to fulfill the mitzvah of *Kiddush Levanah*. If not for that, I would not have escaped, and not reached their bunker, and they – who did not understand what the soldiers were saying – would have met their deaths, *chalilah*.

That's how I merited twice to be saved from death, and later to reestablish a family and live a long life in Eretz Yisrael – in the merit of *Kiddush Levanah*."

Milin Kaddishin 5782

The Number of Times a Day Kaddish Should Be Said

12. There are no less than seven *Kaddish* each day. This number is derived by the sages from the *passuk* (*Tehillim* 119:163) "Sheva bayom hilalticha, seven a day I will praise You." But it is fitting for each person to answer amen to *Kaddish* at least ten times each day.

Sources and Explanations Sources

This is the ruling in *Shulchan Aruch Harav Orach Chaim* 55 1. The obligation to hear seven times *Kaddish* is brought in the *Shibbolei Haleket* 8. But the order to be *mehader* to hear *Kaddish* ten times a day is sourced in the *Rama''k* (*Siddur HaRama''k*, p. 59) and the *Reishis Chochmah* (*Sha'ar Hakedushah* Ch. 17) in the words of the holy *Zohar*.

A Call to the *Tzibbur* to Answer Amen to *Kaddish*

13. At the end of each one of the requests in Kaddish, the one saying Kaddish calls to the tzibbur: "V'imru amen," in order to galvanize them to answer amen according to halachah. The shaliach tzibbur should not draw out these words because answering amen is to the brachah, which ends before he said the words "v'imru amen." If the shaliach tzibbur prolongs the words "v'imru amen" then the tzibbur should not wait until he finishes singing the words and should answer amen right away.

Sources and Explanations Solutions

This is the ruling of the *Magen Avraham* (124 14), and cited in the *Mishnah Berurah* (ibid 35) and the *Kaf Hachaim* (ibid 50).

The words "v'imru amen" are cited in the nuschaos of Kaddish brought by the Rishonim. (See Seder Rav Amram Gaon Seder Krias Shema Ubirchoseha; Seder Hatefillos L'Rambam at the end of Seder Ahavah). In Peirushei Siddur Hatefillah L'Rokeach (p. 60) he explains that Chazal learn this from the fact that Dovid Hamelech said at the end of his shirah (Tehillim 106:48) "V'amar kol ha'am amen," and thus he called on the tzibbur to answer amen after him.

Sefer Zecher Asos (Kaddish) explains that it was instituted to say "v'imru amen" only in Kaddish and not with brachos, because in Kaddish there is no mention of the Name of Hashem, so there is a concern that the tzibbur might be lax about answering amen. But with brachos, when the Name of Hashem is mentioned, everyone is careful to answer amen.

Obligation to Answer Amen to Birchas Kohanim

14. When the Kohanim stand on the duchan

and bless the *tzibbur*, the *tzibbur* must answer amen after each one of the three *pesukim* of *Birchas Kohanim*.

Sources and Explanations Sources

This is the ruling in the Shulchan Aruch (Orach Chaim 128 13). The source of this is in the Mishnah (Sotah 37b): "How should Birchas Kohanim be said? In the land it is said as three brachos, and in the Mikdash as one brachah." Rashi explains (ibid ad loc. Hachi garsinon, based on the Gemara ibid 40a): In the land Kohanim would stop after each one of the three pesukim of the brachah so that the tzibbur should answer amen, and therefore, their brachah is considered like three brachos. But in the Mikdash, when they didn't answer amen after the brachos, the Kohanim were not allowed to stop between the pesukim of the brachah. Therefore, their brachah is considered like one brachah.

Amen to Birchas Kohanim Is D'Oraisa

15. Some are of the opinion that answering amen after *Birchas Kohanim* is a mitzvah in the Torah.

Sources and Explanations Sources

Harav Yehonasan Eibeshitz (Midrash Yonasan Parashas Ki Savo), and his contemporary, Rav Yosef Steinhart of Furth (Shu"t Mishnas Yosef 13) wrote that the obligation to answer amen to Birchas Kohanim is learned with a gezeirah shavah from the ceremony of the brachah and klalah that took place on Har Grizim and Har Eival. Because in Maseches Sotah (38a) Chazal derived the halachah that Birchas Kohanim needs to be said in Lashon HaKodesh and while standing as a gezeirah shavah from the event of the brachah and klalah when the Leviim said it in Lashon HaKodesh and while standing. In light of the rule that one does not derive only a partial gezeirah shavah (Zevachim 48a) we have to learn that just like at Har Grizim and Har Eival Am Yisrael were commanded (Devarim 27:16): "V'amar kol ha'am amen," likewise after Birchas Kohanim, it behooves the listeners to listen to the pesukim of the brachah and to answer amen to them. According to their words, it appears that all three of the amens that we answer after the three pesukim of Birchas Kohanim are a mitzvah from the Torah. Just like in the aforementioned event, Am Yisrael were commanded to answer amen to every brachah and klalah in its own right, likewise, we have to answer amen to each passuk of Birchas Kohanim.

Otzros Emunim

Answering Ninety Amens a Day

Advice for One Who Cannot Answer Ninety Amens a Day In our sources there are a number of pieces of advice for someone who, one day, finds himself unable to complete 90 amens a day:

15 Vavs

1. The *Tikkunei Zohar Chadash* (p. 83 1) states that on a day that a person did not answer ninety amens, he must have *kavanah* when saying the fifteen *vavs* in the words that begin the *brachah* of *Emes Veyatziv* after *Krias Shema* — "*Veyatziv venachon vekayam veyashar vene'eman ve'ahuv vechaviv venechmad vena'im venora v'adir umesukan umekubal vetov veyafeh.*" These fifteen *vavs* are numerically equal to 90, and together with the aleph of '*emes*' that precedes them, they amount to 91, which is equal to amen.

Amen to the Requests of HaRachaman

2. The *sefer Derech Moshe* (Day 11) states that if it happens that a person is not able to come to shul, he can complete the quota of ninety amens by hearing *Birchos Hashachar* and *Birchos Hanehenin* from his family members. He can also add the amen that answers the requests of *HaRachaman* said at the end of *Birchas Hamazon*.

Forty Five Times

- 3. Another idea is brought by the *Ben Ish Chai*, that he should say each day the *passuk* (*Tehillim* 89 53): "*Baruch Hashem l'olam amen v'amen*," forty-five times, "and this *passuk* will be effective for him instead of answering amen ninety times, when he is unable to answer." The *Ben Ish Chai* also wrote that he used to say this *passuk* each day forty-five times, after the *parashah* of *Birchas Kohanim*, said after *Birchos HaTorah*. (*Ben Ish Chai*, *Shanah Aleph, Vayeishev* 15)
- 4. The sefer Notrei Amen (Vol. II, p. 158) brings: The Rishonim wrote (Machzor Vitri 1; Shibbolei Haleket 1 and more, cited in Mishnah Berurah 632 5) that it was instituted to say the piyut of Ein K'Elokeinu on Shabbos and Yom Tov in order to complete the quota of Meah Brachos with it. This piyut is comprised of five stanzas and each one of them has four praises. The first three stanzas begin with "Ein..." "Mi..." "Nodeh..." which are an acronym for amen, and they are counted as if one said amen twelve times. By saying the following stanzas, which begin with "baruch..." and "Atah..." It is as if he said twelve times "Baruch Atah Amen," which is like twelve brachos. In light of this, one can say that saying Ein K'Elokeinu completes the recital of twelve amens. This fits in very well with the words of the Midrash brought by Mahar"i Tzalach (Peirush Eitz Chaim to the Siddur Hatefillah, Tefillas Ein K'Elokeinu) because "Ein K'Elokeinu" was instituted when evil empires decreed that Am Yisrael must not answer amen, so this way it was said as a remez.

Iggeres Emunim

ALetterfromaLoyalReader

To the editorial board of Vechol Ma'aminim,

In recent years, I merited to become closer to Torah and *mitzvos*. Because I did not merit a Torah *chinuch*, my knowledge in *halachah* is not extensive, but I try to learn and progress step by step in my Torah and Yiddishkeit.

At the onset of my path to *teshuvah*, I saw your special pamphlet for the first time, and since then, I have drawn tremendous *chizuk* from it each week. Through it, I was introduced to an easy and powerful mitzvah – answering amen, and in your merit, I am able to answer many amens each day.

This easy and wonderful mitzvah brings me great joy, because the many times I merit to answer it give me a feeling that I am making up for the many *mitzvos* that I missed during the long years when I did not observe *mitzvos*. As such, whenever I say the *passuk* (*Tehillim* 106:48) "Baruch Hashem Elokei Yisrael min ha'olam v'ad ha'olam v'amar kol ha'am amen" I give special thanks to Hashem for giving me the merit of such a wonderful mitzvah that can be performed without limits or boundaries.

May you garner much strength and see much blessing in your work. May you be rewarded from Above for all that you do.

In appreciation,

Meir Azulai - Bat Yam

Letters can be sent to fax number 08-9746102 or emailed to the Vechol Ma'aminim email address. 9139191@gmail.com

Tzaddik B'Emunaso

Amen and Brachos in the Teachings of One Who Has Yahrtzeit



The Gaavad, Rav Moshe Aryeh Freund, zy"a

The Gaavad Harav Moshe Aryeh Freund, zy"a 20 Elul 5756

Harav Moshe Aryeh Freund was born in 5664 to his father, Reb Yisrael, Av Beis Din in Huedin (Honiad), Hungary. Already as a child, he excelled in *hasmadah* in Torah and in *yiras Shamayim*. He learned under

his father, and grew up under the influence of his grandfather, Harav Avraham Yehoshua Freund, Av Beis Din of Naszod.

In 5693, he began to serve as Raavad of Naszod, and later, as *dayan* and *rosh yeshivah l'tzeirim* in Satmar, under his Rebbe, the Divrei Yoel, with whom he was close for decades. After losing his wife and eight sons, *Hy"d*, in the Holocaust, he came to Eretz Yisrael and settled in Yerushalayim. He was appointed by his Rebbe to serve as *rosh yeshivah* in Satmar, a position he held for forty years, and produced many *talmidim*.

In 5749, after the passing of the Minchas Yitzchak, he was appointed Gaavad Eida Hachareidis. His *divrei Torah* were printed in the series of *seforim Ateres Yehoshua*. He passed away on 20 Elul 5756 and was buried on Har Hazeisim in Yerushalayim.

Amen – An Opening Like the Eye of a Needle

He explained that the words of the *Midrash* (*Shir Hashirim Rabbah* 5 3): "*Amar HaKadosh Baruch Hu l'Yisrael*: My children, open for Me an opening the size of the eye of a needle, and I will open for you an opening that carriages and carts will be able to get into.' This refers to the gates of blessing that open in the merit of answering amen. Hashem is asking us to do something easy and small like the eye of needle - to be strict about answering amen *k'halachah* – and in exchange He opens for us On High tremendous gates of blessing and goodness that have infinite value. (*Aterest Yehoshua Ha'azinu*)

Birchos Hashachar Bechavrusa

Each day he entered his beis medrash wearing tallis and tefillin, and approached his place and began to recite Birchos Hashachar out loud, so that others should answer amen after him. When he finished, he would wait for the shaliach tzibbur to recite the brachos out loud so that he could answer amen afterwards. (Moshe Raya Meheimna, Vol. I, p. 58)